



Texas Orthopedic Specialists

Specializing in Primary Care Sports Medicine and Sports Concussion Management

- Board Certified in Family Medicine
- Fellowship Trained in Sports Medicine
- Sports Concussion Specialist trained in IMPACT

Born and raised in Texas, Dr. Flores specializes in primary care sports medicine. He received his undergraduate degree from Texas A&M University in College Station, TX and then attended Medical University of the Americas in Nevis, West Indies. From there he underwent a family medicine internship and residency at the University of Minnesota St. Cloud Hospital in St. Cloud, Minnesota. Dr. Flores obtained additional fellowship training in primary care sports medicine at the Hennepin County Medical Center in Minneapolis, Minnesota.

Dr. Flores is Board Certified and a diplomat of the American Board of Family Medicine. Dr. Flores is also a member of the American Medical Society for Sports Medicine and the American College of Sports Medicine. His practice focus and expertise are in non-operative orthopedics and sports medicine care in athletes of all ages.

Dr. Flores enjoys spending time with his wife and two boys, working out, traveling and attending many sporting events. He serves as the team physician for Boswell High School and helps cover the Friday Night Injury Clinic at Texas Orthopedic Specialists. Dr. Flores sees patients in both the Bedford and Alliance locations.

John M. Flores, M.D.

Specialties:

- Non-operative fracture care
- Early arthritis management
- Acute tendinitis & chronic tendinopathy
- Sports concussion management
- Running and overuse injuries
- Injury prevention and treatment
- Exercise prescription

Support Services

- State-of-the-art digital x-ray equipment
- Siemens 1.5 Tesla High Field MRI
- Ultrasound
- Braces, splints and other DME
- Physical and Occupational Therapy
- Athletic Trainers
- Sports Rehabilitation
- Experienced, helpful and personable staff
- Comfortable office setting with complimentary coffee bar

Our Locations

MID-CITIES OFFICE
2425 Hwy 121
Bedford, TX 76021

ALLIANCE OFFICE
3100 N. Tarrant Pkwy. #104
Fort Worth, TX 76177

Contact Us

Phone: 817-540-4477 Fax: 817-540-5633
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